



**To: All qualifiers to Level 9 East/West Championships and Level 10 JO National Championships**  
**From: Connie Maloney, Women's Jr. Olympic Program Director**  
**Re: 2010 Jr. Olympic National Training Camps**

We want to make sure that all of you and your coaches are aware of two training camp opportunities that you may qualify for, based upon your ranking at Easterns/Westerns or JO Nationals. These camps provide both the athlete and the coach with an opportunity to work with nationally respected coaches, including some of the Elite National Training Camp staff.

**Jr. Olympic National Team Camp - June 30-July 4:**

At JO Nationals, the top 4 AA per age division are designated as the 2010 Jr. Olympic National Team and will be provided with an all expenses paid training camp at the US Olympic Training Center in Colorado Springs. JO National Team members will be requested to submit the acceptance form at the Team meeting following the competition for their age division.

**Fall Level 9/10 National Training Camp – October 28-31:**

For the past two years, USA Gymnastics has offered a Fall training camp to provide a high level experience for additional Level 9 and 10 athletes, at their own expense (including airfare).

**Eligible athletes: The Fall Camp will be offered FIRST to the following athletes:**

- **Level 10 athletes ranked #5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> All-Around in each of the eight age divisions at JO Nationals**
- **Level 9 All-Around champions in each of the sixteen age divisions from both Eastern and Western Championships.**

**Site: The USA Gymnastics National Training Center at the Karolyi Ranch in Huntsville, Texas**

**Cost: \$425 for EACH athlete and EACH coach (includes Clinic fee + Room/board)**

The first meal is Thursday dinner and the last meal is Sunday lunch.

**Tentative schedule:**

- **Thurs., Oct. 28 – Arrivals, check-in, evening training.**
- **Oct. 28-31 – Training at the National Training Center**
- **Sat. Oct. 30 Halloween Party!**
- **Sun. Oct. 31 – Departures in the afternoon after morning training and**

**Deadline to submit Fall Camp Acceptance form:** You and your coach will be asked to submit the Acceptance Form before leaving Eastern, Westerns, or JO Nationals.

**Online Registration/payment Deadline for Fall Camp: June 1<sup>st</sup>.**

After June 1<sup>st</sup>, registration will be open to any 2010 JO National competitor on a first come, first-served basis.