

General Rules & Policies

Mobility scores must be achieved at a sanctioned USAG meet.

One judge panels are allowed at levels 3 – 6. (* Please note this is not the same as qualifying for state for level 5, 6 & Prep Optional)

Two judge panels **MUST** be used for level 7 – 10 including Prep Optional

Drop Back Deadline for Level 5 – 10 is set at 8 weeks prior to Spring State Championships

There is NO mobility score for level 3, 4 or Prep Optional (which is a non-mobility level)

The mobility score for level 5 – 7 is a 31.00 All Around to advance to the next level

The mobility score for level 8 – 9 is a 34.00 All Around to advance to the next level

Regional or National meet participation qualify to enter Regional Elite meet without petition for level 10

Team rosters and Missouri athlete registration fees need to be sent to the Missouri Score Keeper by the deadline posted on the Missouri website each season. Teams that fail to send in their roster and Missouri athlete registration fee will incur an increasing large late fee per athlete. Dates and amounts to be posted on the Missouri website. Missouri Athlete Registration fees cannot be transferred from one athlete to another. Checks should always be made out to MOUSAG.

Level 3 & 4 must qualify at a Missouri Sectional/Qualifier Meet with 1 judge panels for levels 3 & 4

Prep Optional athletes may qualify in any Missouri USAG sanctioned meet with a min. of 4 teams entered in the meet with a 2 judge panel with 1 judge rated as level 7/8 or higher and the other judge with a level 5/6 rating or higher. Missouri sanctioned meet results will be automatically sent to the State Score Keeper by the meet director.

Level 5 & 6 athletes may qualify in any Missouri USAG sanctioned meet with a min. of 4 teams entered in the meet with a 2 judge panel. Missouri sanctioned meet results will be automatically sent to the State Score keeper.

Level 7 – 10 gymnasts can qualify at any sanctioned meet anywhere. If your gymnast qualifies outside of the State of Missouri, YOU AS THEIR COACH ARE RESPONSIBLE for getting the qualifying scores to the State Scorekeeper in a timely manner. **It is NOT the responsibility of the state scorekeeper to track down your athlete's qualifying scores.**

Call for MOUSAG Committee nominations: **April 1st – 15th**

Nominee Bios out on the website: **April 16th**

Elections held: **May 1st – 15th**

Assume Office – **July 1st**

Elections will be staggered for ½ the committee each year.

Call for bids for meets for next season: **June 1st**

Award meet bids for next season: **3rd weekend of June (weekend of state clinic)**

All USAG Missouri Clubs are listed by region of the state so that all members will know who their area representatives are and what area of the state they are part of in case they wish to nominate another member or run for representative themselves. **Click on Missouri clubs for an up to date listing.**

Missouri has adopted the USAG coach's attire requirements for all sanctioned meets in Missouri

Please refer to the R & P for additional questions.